

Flexible Spending Account (FSA)

A Health FSA is a pre-tax employee benefit plan option that allows you to set aside salary before any taxes are taken out. You can use these funds to pay for qualified out of pocket medical expenses incurred by yourself and your tax dependents (regardless of your enrollment in your employer health plan). This plan can save you up to 30% on qualified expenses.

Examples of FSA Eligible Items

- Co-pays & Deductibles
- Dental, Vision, and Orthodontic Expenses
- Durable Medical Equipment
- Feminine Care Products
- Over-the-Counter Items
- Personal Protective Equipment (PPE)
- Prescription Drug Costs

Dual Purpose Expense Examples

Dual-purpose expenses are items or services you may use for your general health that also qualify to be reimbursed if prescribed by a doctor for the purpose of treating a specific medical condition.

- Massage Therapy
- Supplements
- Vitamins

[\(Explore eligible items here at FSA Store\)](#)

Spending Account Timelines

Spending accounts have deadlines for spending, which may vary based on your circumstances. Check your Summary Plan Description or online account for details about spending and submission deadlines. Follow these steps:

Step 1. Login to your portal on your computer or mobile device.

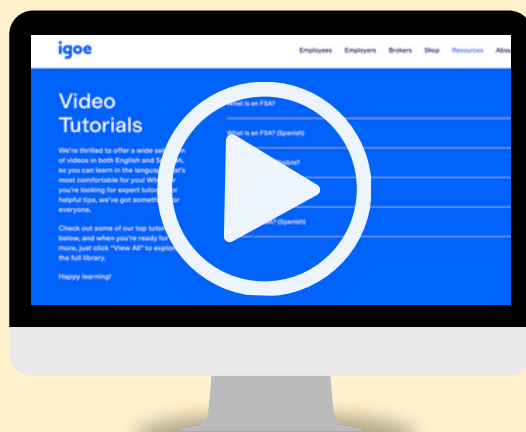
Step 2. Click on your FSA details to view eligible expenses and remaining balance.

Step 3. Scroll down to view your plan dates and confirm your spending aligns with the deadlines.

Discover How This Plan Works

Click '[Watch Now](#)' for a quick video overview of how this plan works.

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Want to learn more? Scan the QR code.

Watch our short, engaging video for a quick overview of this plan.

For more information, visit goie.com